

NEW ZEALAND

ORGANIC & CONVENTIONAL BLUEBERRIES

fresh produce
new zealand

We provide premium quality New Zealand blueberries, in a range of varieties, that are grown both conventionally and organically.

Our organic blueberries are BioGro New Zealand certified, which means they are grown naturally in optimum soil without the use of synthetic chemicals such as fungicides, herbicides, pesticides and growth regulators.

This vibrant blue fruit is plump and juicy, with the perfect balance of firmness, sweetness and tartness that changes slightly with variety.



AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

PACK

12 x 4.4oz (12 x 125g)

VARIETY

Blue Crop | Tiff Blue | Rahi | Maru | Centra Blue | Centurion

Full of flavour, blueberries are delicious fresh on their own, added to salads, used in sauces, baking, jams, ice cream or smoothies. The options are limited to your imagination.

A nutritional powerhouse, this low calorie superfood is high in antioxidants, fibre, plant compounds and rich in vitamins providing a wide range of health-giving benefits.

This scrumptious berry not only has properties that are beneficial in fighting heart disease, cancer, aiding against aging skin and boosting brain health; blueberries also improve eye health, promote urinary tract health, bone health, maintain healthy skin, improve immune function, reduce the risk of diabetes, help to keep you stay regular and assist with managing cholesterol.



NB: Label not to scale.

GROWING REGIONS

Waikato

Hawkes Bay



freshproducegroup.co.nz



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