

NEW ZEALAND
PASSIONFRUIT

fresh
produce
new zealand



This mysterious tropical fruit has a smooth, hard outer shell and is small to medium in size.

Encased within its purple shell is a golden juicy pulp that is gelatinous and full of small dark edible seeds. The pulp is tropical, sweet yet tangy and intensely fragrant. As the shell creases the sweetness of the pulp intensifies.

Passionfruit pulp can be eaten straight from the shell with a spoon or used in a variety of sweet recipes such as mousses and cheesecakes. The pulp can be juiced and the luscious liquid used in beverages, sweet or savoury sauces or salad dressings.

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

PACK

Single layer tray (place packed)

WEIGHT

2kg approx.

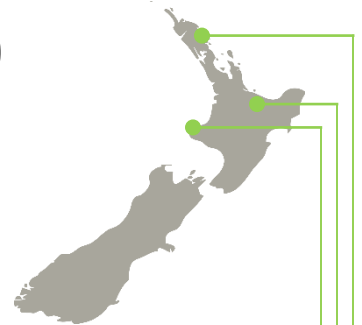
COUNTS

25 | 28 | 30 | 33 | 36 | 42

Passionfruit are great source of nutrients, minerals and vitamins. These include antioxidants, flavonoids, vitamin A, vitamin C, riboflavin, niacin, iron, magnesium, phosphorus, potassium, copper and fibre. Added to your diet they have a surprising number of health benefits such as boosting your immune system, improved blood circulation, eye and bone health, aids in digestion and relieving constipation, and can help to reduce blood pressure.

PLU #4397

NB: Design only. Label not to scale.



GROWING REGIONS

Whangarei
Bay of Plenty
New Plymouth

