

**NEW ZEALAND
FEIJOA**



**fresh
produce**
new zealand



The Feijoa is a smooth-skinned fruit with a soft and juicy flesh.

The flesh inside is cream-colored and the texture is gritty, close to that of a pear. They have a unique flavour, sweet yet tart and distinctly aromatic.

Whilst classically enjoyed eaten straight out of the skin, Feijoa are a very versatile fruit and can be used in cakes, muffins, desserts, sauces, chutney's, curries and even vodka. One of the biggest advantages of Feijoa is that it can be frozen and cooked without loss of flavour or deterioration of its flesh.

AVAILABILITY

JAN FEB **MAR** APR MAY JUN JUL AUG SEP OCT NOV DEC

PACK

Single layer tray (place packed)

WEIGHT

3kg approx.

COUNTS

25 | 28 | 30 | 33 | 36 | 42

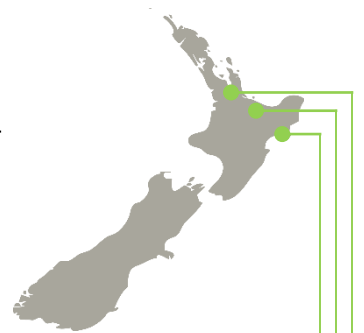
Our Feijoa are not fumigated pre-shipment, which ensures a longer shelf-life and a higher quality product.

Feijoa are very low in calories and loaded with vitamins and minerals. They are a very rich source of dietary fibre and an excellent source of vitamin C.

They offer a range of health benefits such as support to the digestive system, can help you fight off infections, maintain a healthy blood pressure and have been known to improve the heart's health.

PLU #4265

NB: Design only. Sample databar. Label not to scale.



GROWING REGIONS

- Auckland
- Bay of Plenty
- Gisborne

